

Learning together

The Punchbowl Press

Punchbowl Public School

Punchbowl Public School's vision is to create an inclusive and innovative learning environment which builds resilience and enables all students to become independent and active contributors to a diverse community.

White
Ribbon
SCHOOL



COMING UP at PPS !

Term 3

Wednesday 22nd August	Stewart House Clothing Bags go home
Wednesday 29th August	Last Day to return Stewart House Bags
Monday 3rd September	Combined Music Festival
Wednesday 5th September	Stewart House Bags Collected
Tuesday 18th September	Preschool and Early Intervention Photos
Friday 28th September	Term 3 Ends

Term 3

Week 5

August 2018



AT
PUNCHBOWL
PUBLIC SCHOOL



WE ARE LEARNERS

WE ARE RESPECTFUL

WE ARE SAFE

The BYDS Respect group performed at the Women's Domestic Violence Court Advocacy Services Forum . The groups has been working on their performance throughout the year . The students performed in the presence of over 500 representatives from a number of organisations across NSW and received a standing ovation at the end of their performance. The official video has been filmed by a professional videographer and will be available to share with the community soon.

We are very proud of our students and look forward seeing them perform at other events in the future.



On behalf of our Punchbowl Public School Community, we pay our respects to Elders, past ,present and future and acknowledge the Bidjigal people of the Eora nation, who were the traditional custodians of the land on which we are learning together and growing as a safe, respectful and united community.

Developed by Aboriginal Elders, Rose Manousaridis and student leaders on 18 August, 2016.

Mr Cameron Smyth-Gapps, Acting Principal

Tel - 9750 5055

Fax - 9740 4242

Principal's Message



I would like to take this opportunity to thank our wonderful and dedicated staff, students and community for a fantastic start to Term 3. It has been a term of rich learning so far, with many opportunities for students to showcase their

knowledge and skills in the classroom, on the sporting field and through a variety of incursions and excursions.

High quality teaching and learning remains the focus of professional learning for teachers this term. This has been best evidenced through the development of a writing project with local primary schools and Sir Joseph Banks HS to develop consistent practices in the planning, teaching and assessing of writing. Although only in its early stages, it is intended over time that the program will strengthen strategies and resources for the teaching of writing and improve learning outcomes for students in this very important curriculum area. We have also undertaken a strong partnership with Punchbowl Boys HS this term, with our Years 5 and 6 students participating in science lessons led by high school students and staff. This was a great opportunity for the students to engage in the high school curriculum and gave an insight into the learning that our students will undertake when they enter high school. The students found the sessions very enjoyable and we look forward to a continued partnership with the school.

This term has also seen the commencement of our 'Got It' program for Years K-2 students and the 'Life Skills' program for Years 3-6 students. These programs are led by external

organisations and are intended to build a variety of skills in our students including respect, strategies for building and maintaining friendships and the regulation of emotions. These programs complement current PBL initiatives across the school. In line with our White Ribbon initiatives, we recently had a group of Stage 3 boys participate in the 'Respect' program which was led by Bankstown Youth Development Services (BYDS). Our students developed a song and music video to educate others on the need to be highly respectful towards women. We were exceptionally proud of the work that the boys put into the program and they were rewarded by presenting their song at the National Violence Against Women Conference in Sydney recently. Photographs have been uploaded onto Skoolbag and we will upload the music video once it has been published.



Our students have also excelled on the sporting field this term. We held our P-2 and 3-6 Athletics Carnivals recently. It was wonderful to see the students so engaged in both events and I would like to take this opportunity to thank the many parents who came along to support both events. We had a large number of students represent the school at the Zone Athletics Carnival and look forward to seeing who has qualified for the upcoming regional event. Our PSSA rugby league team also qualified for the grand final this term. A fantastic effort by Mr Shearer and the players! Unfortunately, the weather led to the final being postponed. We hope to be able to play this coming Friday. It would be wonderful to see many parents in attendance at the game to support our team.

Other events of interest that our students have been involved in this term include:

- *Teen Ranch* excursion for Years 5 and 6 students
- Participation in the *St George Dance Eisteddfod* for our senior dance group
- Gymnastics program with the YMCA for students in K/2G and K/2K
- Cooking classes with Wiley Park Girls HS for students in Years 5 and 6 with their parents also participating
- *Science with Giants* workshops—science activities for Years 5 and 6 students led by the GWS Giants (AFL team)
- A council visit to the Preschool to run a workshop with the students
- Excursion to *Woolworths* for Kindergarten students to complement lessons being completed in class
- Boxing program led by 'Brotherhood Boxing'

We also have students in Year 6 joining myself and other staff members at an 'Empower Me' night at Punchbowl Boys HS this week.

Students in our dance groups, choirs and the drumming group will also participate in the *Combined Primary Schools Music Festival* next Monday evening.

Staffing News

I would like to take this opportunity to thank **Mrs Hill** for her work on 2H. Mrs Hill will be moving on to other projects in Week 7 this term. She will be replaced by **Mrs Rachel**. As mentioned in the previous newsletter, the school is also currently finalising advertisements for Assistant Principal and teacher positions at the school. These are to permanently replace teachers who have moved on to other positions. We hope to have these finalised by the end of the term. We will keep the community updated as staffing changes occur.

Finally, I will be taking leave from Tuesday 4th September until the end of the term to support my wife who is giving birth to our second child. **Mrs McGeary** will be the Acting Principal in my absence.

I would like to wish all of our school community a wonderful end to the school term. Your ongoing support and commitment to the school is always recognised and greatly appreciated.

Cameron Smyth-Gapps

Acting Principal



Our Stage 3 classes enjoyed a series of hands on workshops presented by students from Punchbowl Boys High School as part of Science Week. Mr Andrew Fielding, Director Public Schools NSW also visited our school during this time.

Thank you to the wonderful staff from both schools who made this possible. We look forward to other opportunities to work with Punchbowl Boys' High School in the future.



Science Week Activities at P.P.S

by Mikael 5/6A

Punchbowl Boys High School students attended our school on Wednesday the 15th of August to present science workshops for all Stage 3 students. The science workshops were held to teach and help us understand more about electricity.

The thing I liked the most about the Punchbowl Boys visit was the one that they demonstrated how the lights in our houses work. I enjoyed this because it was a very hands on activity and I was fascinated about how complex it was. It worked using a variety of wires that were connected throughout some lightbulbs but instead of triggering all of them you could turn on a certain one. This was so if one was busted, the others would still work.

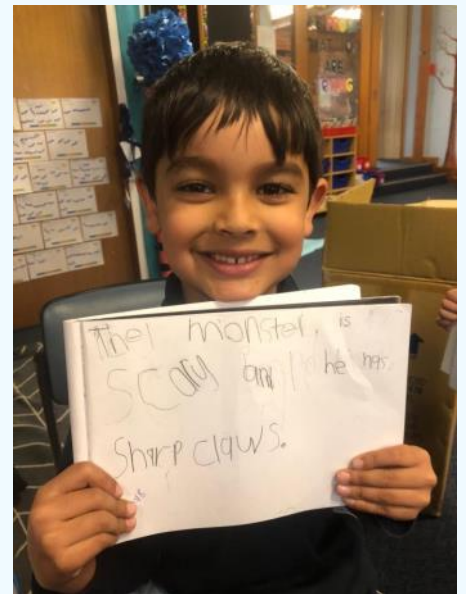
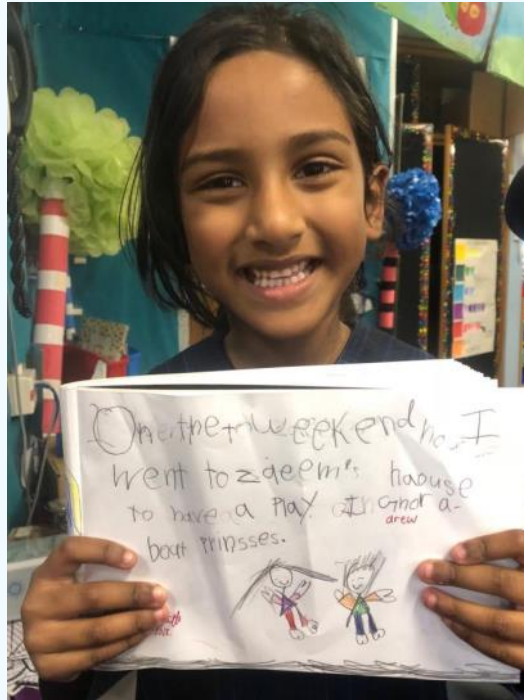
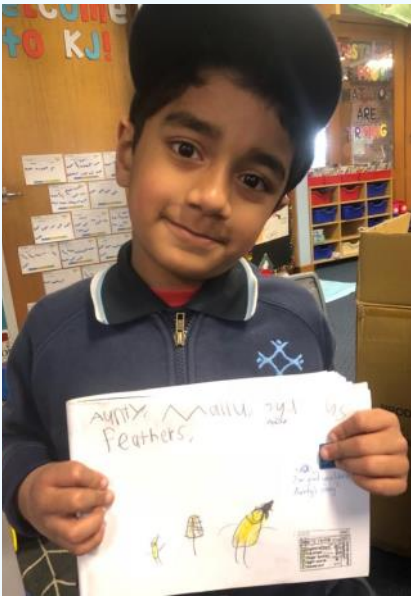
The workshop I liked the least was the one about static electricity because most of it was rubbing balloons on your head to make them attract which most people have already done. This was also because it was still confusing, even after the boy explained it. All I remembered was that static electricity is still, not moving.

It's fun,
it's cool,
it's awesome.
It's science!

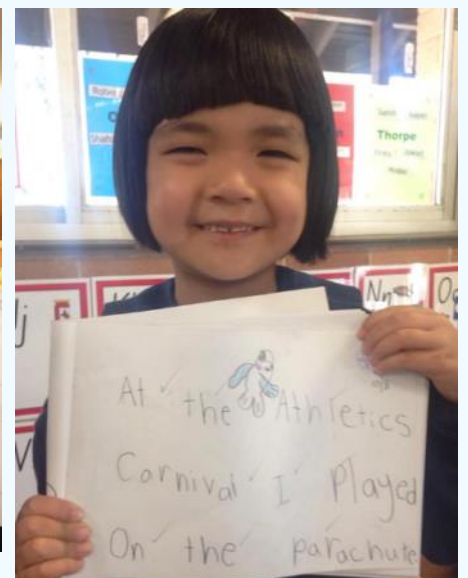
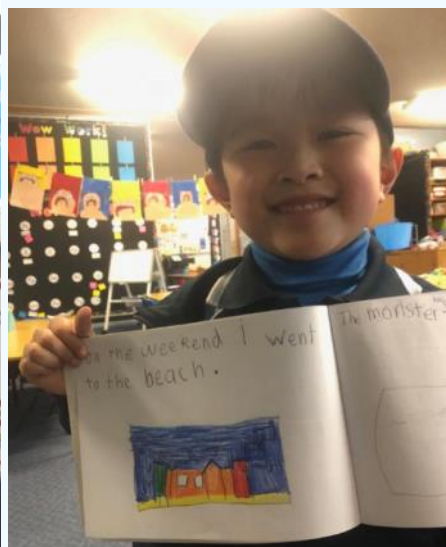
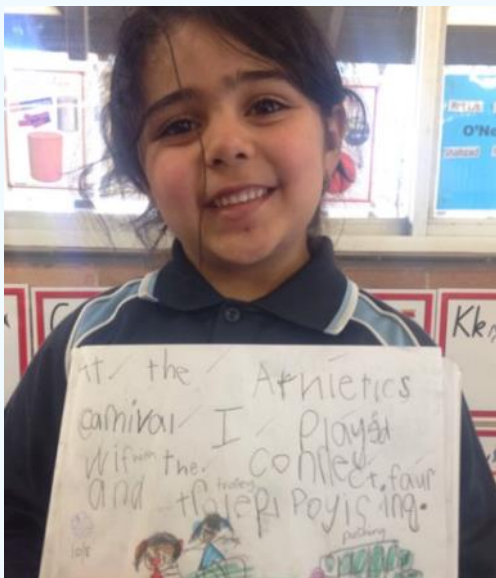


Kindergarten

Our Kindergarten students have started writing some amazing sentences! We are learning to write using capital letters, full stops and spaces between words.



We have been writing about something new every day. Ask your child to write a sentence this afternoon about what they did at school today!



PRESCHOOL

Children participated in a program called **Bin Wise** which is part of the **kNow Waste Preschool Education program**, delivered by **Cleanaway on behalf of City of Canterbury Bankstown**. The children took turns to sort rubbish into the red, yellow and green council bins. They learnt about where the rubbish and recycling goes after the bins are picked up from the garbage trucks.

The preschool students are already participating in sustainable practises and are in the habit of sorting their fruit and vegetable scraps for the worm farm and recycle paper and cardboard in the correct bins.



PBL - Crunch & Sip

Crunch & Sip is a set time for all students to eat vegetables, fruit or sip on water inside the classroom.

Over the last few weeks, our focus for PBL has been around Crunch & Sip. Students have been learning about the different fruits and vegetables they should be packing for Crunch and Sip. Students are also learning about the importance of making good choices about what we eat. By eating fruit, vegetables and drinking water, we are preparing our brains for learning.



Remember to pack your Crunch & Sip every day!

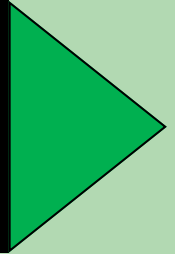


Don't forget to pack Crunch&Sip® every day...
Crunch&Sip® is a set time for your child to eat vegetables or fruit and drink water in the classroom.

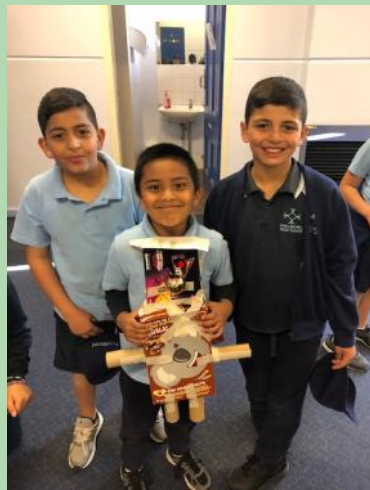
WATER + **VEGIES** or **FRUIT**

Crunch&Sip® | healthway | Cancer Council | www.crunchandsip.com.au

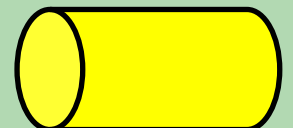
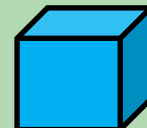
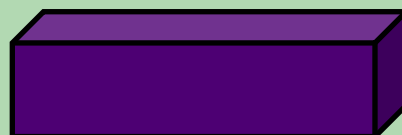
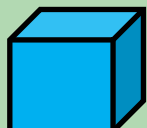
Stage One



Year 1 have worked collaboratively to create robots using a variety of packaging materials. They presented their robots to their class, describing how they made it and what 3D objects have been used to make it.



We had fun working together to make our robot!



Stage 2

Year 3 students have been enthusiastically engaged in the writing process this term. They have produced some impressive pieces of creative, persuasive and Informative texts.

PLAN

DRAFT

REVIEW

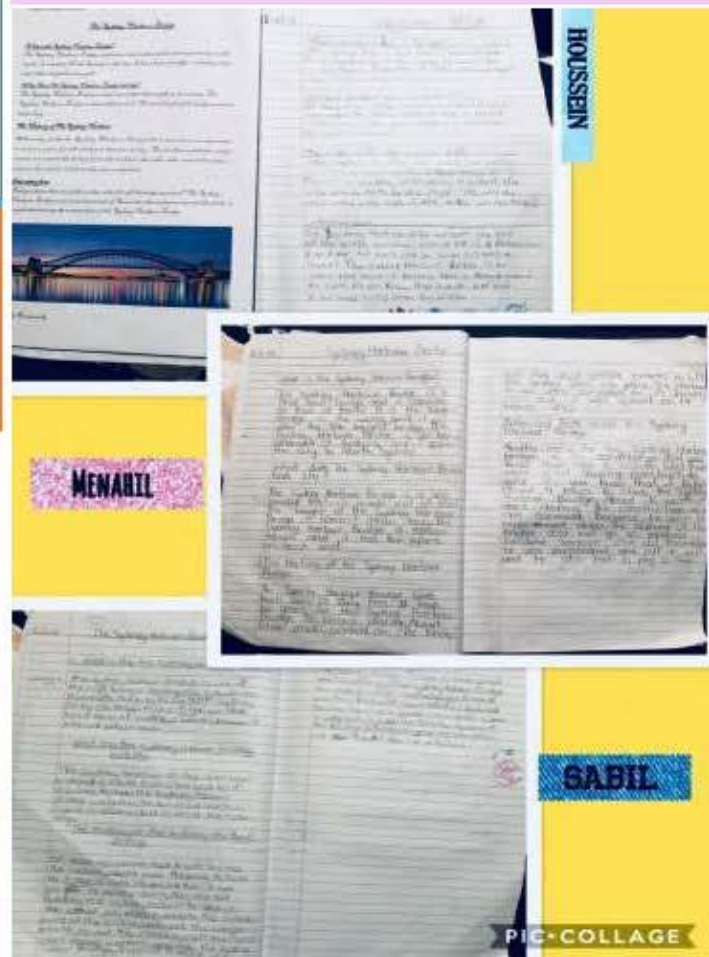
EDIT

PUBLISH



In 3M, students have been reading the text 'Fire' By Jackie French. They examined the concept of survival and investigated similes, metaphors, personification and how they contribute to descriptive writing. After reading this book, the students have a deeper understanding of bushfires in Australia and the impact they have on communities. Students wrote imaginative texts describing their experiences after being exposed to a bush fire.

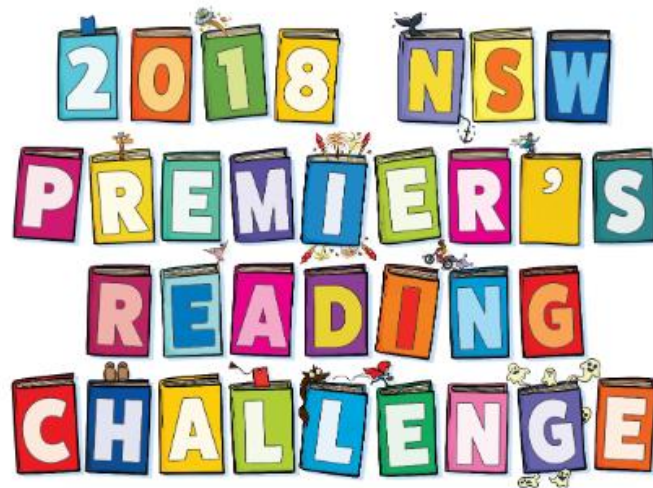
Stage 2 students were involved in NAIDOC day .





Thank you to everyone who supported the Scholastic Book Fair. We made almost \$4000 in 4 days and received a commission of \$977 to spend with Scholastic. It was a great effort from everyone involved and it was nice to see the students wanting to have quality books at home to read.

The Premier's Reading Challenges closes for students on Friday August 31, 2018. Please encourage your children to log in and enter their reading logs online. If you require any further information please see Mrs Kelly in the library.



www.premiersreadingchallenge.nsw.edu.au



<https://online.det.nsw.edu.au/prc/home.html>



School As Community Centre (SaCC) News

- There has been some great learning experiences for parents this term. English classes on a Monday, and computer classes on a Friday. The parents attending these classes are finding them very useful to further develop their skills and education.
- During the school holidays we hosted a Playgroup Forum at Punchbowl. Many playgroup facilitators from different organisations attended, and were shown lots of new ideas to support the parents and children in their playgroups.
- Our playgroups at Punchbowl are on Tuesday and Thursday mornings, 9.30am – 11.30am. If you have a child aged between 0 and 5, please come along and join in the fun learning experiences, as you engage in play with your child. It is also a place where you can find support for yourself and your family as well as meet other parents.
- The Pram Walking Group has commenced, which has benefits for families to interact, chat and walk together. If you would like to discover new things in your local area as you get fit and meet new friends, meet us at the school front gate at 9.15am each Wednesday morning.



COMMUNITY LANGUAGE NEWS

Students in Stage 1 are learning Arabic through the science unit “Watch it Grow”. The children have been observing how living beings, like humans, insects, pets and plants grow and change.

We have our own mealworms in our class to study, as we put on our scientist’s hat, we explore we use target Arabic vocabulary to discuss the changes we observe. They start as an egg بيضة then change into a larva دودة, then pupa شرنقة and eventually it becomes an adult darkling beetle خنفساء .

The 2R and 1W students pictured are watching the mealworms and asking questions related to,

How they survive? What food do they need to eat? How big will they grow?

We will be recording the changes in the mealworms’ life cycle and comparing it to how humans grow and change.





everyone's family

Stewart House and The Smith Family have been partnering for **over 50 years** to build sustainable reuse initiatives that benefit children and families in disadvantaged communities.



RECYCLE CLOTHING

7.5
MILLION KG
OF WASTE DIVERTED FROM
LANDFILL EACH YEAR



SUPPORTING PROGRAMS
FOR DISADVANTAGED STUDENTS

Clothing drives are an innovative and fun way to supplement your permanent, day-to-day recycling systems.

With the support of schools across NSW and ACT our clothing drives have collected more than 1.5 million kilograms of clothing over the past 10 years which provides funds into the Stewart House and The Smith Family programs.

If you would like any further information about The Smith Family Stewart House Clothing Drive please contact us on **1300 737 166** or customerservice@thesmithfamily.com.au

Your donation of clean, wearable clothing and accessories helps support disadvantaged children and their families, while reducing our impact on the environment.

thesmithfamily.com.au/recycling

Stewart House Clothing bags will be distributed to families in Week 5.

We kindly ask that all bags are returned by Tuesday 4th September.

The bags should be tied up and left in front of the office near the payment letterbox.

PLEASE DO NOT leave clothing bags in this space after
Tuesday 4th September .

Turn off the TV or computer and get active

Did you know?

- ★ Spending too much sedentary or 'still' time watching TV, surfing online or playing computer or electronic hand-held games is linked to children becoming overweight or obese.
- ★ Children who watch TV for more than 2 hours every day are more likely to have an unhealthy diet, less likely to eat fruit and less likely to be physically active.
- ★ Nearly half of children aged between 5 and 15 years spend more than 2 hours every day on 'small screen' entertainment.
- ★ Children are more likely to snack on foods that are high in sugar, salt or saturated fat when they're watching TV.

How much time in front of the screen?

When kids and teens spend time in front of small screens – whether it's the TV, computer or hand-held games – it takes away from the time they could spend playing sport, games or being active.

Australian guidelines recommend that kids and teens should minimise the time they spend being sedentary (still) every day.*

Kids and teens should spend no more than 2 hours each day using small screen entertainment. Long periods of use should be broken up as often as possible.

While computers and TV can be valuable for education and learning, the health benefits, skills and enjoyment that kids and teens get from being physically active are just as important.

“Set limits for computer games and being online”



Tips for parents

- Before you switch on the TV or the computer for your children, stop and think – could they spend the time being active and have some 'small screen' time later on?
- Set limits on TV viewing. If there is a specific program that your child wants to watch, turn the TV off once it has finished. Alternatively, record the program and watch it together later on.
- Set limits for computer games and being online – no more than 2 hours a day and not during daylight hours when they could be outside and active.
- Don't allow a TV or computer in your child's bedroom. Keep them in a common area of the family home so you can monitor use.
- Have a list of active indoor and outdoor games or activities for your children, so you can suggest alternatives to watching TV or playing on the computer.

For more information and ideas on healthy eating and physical activity, go to www.healthykids.nsw.gov.au

*The recommendations are based on Australia's Physical Activity and Sedentary Behaviour Guidelines for children (5-12 years) and young people (13-17 years)

SkoolBag

Don't forget to download our school's SkoolBag app to ensure that you are kept in the loop on:

- * School newsletters
- * Notices
- * Events
- * Cancellations
- * Reminders
- * ...and more!

**INSTALLATION
INSTRUCTIONS**

Just search for our school's name in the App Store on your phone and download our app!



QUALIFIED MATH AND ENGLISH TUTORS

- ✓ Maths yrs 3-12 all levels
English yrs 3-10
- ✓ Comfortable and professional at home classes
- ✓ Resources are provided for each student



PRIMARY AND HIGH SCHOOL TUTORING

- ✓ One on one or group classes
- ✓ Snacks and beverages included
- ✓ From \$25/hr



0432 109 528



AVENUETUTORING.COM
FACEBOOK.COM/
AVENUETUTORING



PADSTOW
HEIGHTS



School as Community Centre (SaCC) - Punchbowl
*A community project for families with young children
 in the grounds of Punchbowl Public School.*
 Cnr Canterbury Rd and Rossmore Ave, Punchbowl 2196.
 Email – kim.harley@det.nsw.edu.au Phone- 9750 8906 Mobile – 0419 410 874
 Website: www.punchbowl-p.schools.nsw.edu.au
 Facebook: www.facebook.com/punchbowlps
 Download the [Skoolbag](#) application to stay up to date with news and events



Term 3 Planner				
Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>English classes for parents</i> Every Monday 9.30am - 1.30pm <i>Commencing on Monday</i> 30th July</p> <p>Enrolment on Thursday 26th July 9.30am - 11.30am In SACC room Classes provided by TAFE NSW</p>	<p>Tuesday Playtime Every Tuesday 9.30am - 11.30am Provides play experiences for children to develop gross and fine motor skills, language and social skills. It also provides parents with an opportunity to share ideas and learn from each other.</p> <p>Tuesday 4th August Dietitian at playgroup.</p> <p>Homework Club Every Tuesday 3:00pm - 4:30pm Commencing 14th August</p> <p>A homework club for K - 6 students. Tutors from University of Western Sydney. A Partnership with Metro Assist</p> <p>Paint Canterbury Road Community Reading Day Tuesday 24th September At Punchbowl Plaza 1.00am - 12. pm</p>	<p>Parent Workshops A series of workshops to support children and families.</p> <p>Pram Walking Group Every Wednesday Meeting at 9.15am at school gate. Come along and share in some exercise, chatting and fun, as we discover different places in our local community, and have fun with our children.</p>	<p>Play 2 Learn Every Thursday 9.30am - 11.30am At Punchbowl Public School A playgroup to support children's language, physical and social and emotional development. A partnership with Save the Children</p> <p>Punchbowl uniting Church Community Playgroup Thursdays 1st February - 29th March 9.30am - 11.30am Parents, grandparents, carers all welcome. Craft, storytelling and a great outdoor program.</p>	<p>Computers for Parents Every Friday from 11th May 9:30am - 11:30am At Punchbowl Public School Library Learn basic computer skills and develop confidence.</p>

On behalf of our Punchbowl Public School Community, we pay our respects to Elders, past, present and future and acknowledge the Bidjigal people of the Eora nation, who were the traditional custodians of the land on which we are learning together and growing as a safe, respectful and united community.
 Developed by student leaders, Lesley Marks, Carol Brown and Rose Manousaridis-Principal on 18 August, 2016.



Food Share

More FREE FOOD! \$2 contribution towards transport costs
Eat well, live well

Our aim is to support families in gaining access to healthy and nutritious food

Every Thursday: Door opens at 9.30am so be early to avoid missing out as food goes quickly



@ the NEW Greenacre Area Community Centre
87 Waterloo Rd, Greenacre (next door to Greenacre Public School).
Free Car Park.
Must be over 18 and live in the Canterbury Bankstown LGA

For any enquiries please call
Greenacre Area Community Centre on: (02) 9750 7982

BYO Shopping Bags